

Topic / Issue:	CORONA VIRUS (COVID 19)	ALERT No: 0005/2020
Location / Site:	ALL SITES	
Target Group:	ALL EMPLOYEES	Date Delivered: 12.3.20
Purpose: (Please Select)	System Change    Refresher <b>General Info</b> Lessons Learnt    Incident Response	



**What is coronavirus (COVID-19)**

Coronaviruses are a large family of viruses that can make humans and animals sick. They cause illnesses that can range from the common cold to more severe diseases.

**Symptoms**

Symptoms can range from mild illness to pneumonia Some people will recover easily, and others may get very sick very quickly. People with coronavirus may experience fever ,flu-like symptoms such as coughing, sore throat and fatigue &shortness of breath

**Who is at risk**

In Australia, the people most at risk of getting the virus are those who have recently been in mainland China and Iran or been in close contact with someone who is a confirmed case of coronavirus

**How it spreads**

There is evidence that the virus spreads from person-to-person. The virus is most likely spread through: close contact with an infectious person, contact with droplets from an infected person's cough or sneeze touching objects or surfaces (like doorknobs or tables) that have cough or sneeze droplets from an infected person, and then touching your mouth or face

**Prevention**

Surgical masks in the community are only helpful in preventing people who have coronavirus disease from spreading it to others. If you are well, you do not need to wear a surgical mask as there is little evidence supporting the widespread use of surgical masks in healthy people to prevent transmission in public. Everyone should practice good hygiene to protect against infections. Good hygiene includes: washing your hands often with soap and water, using a tissue and cover your mouth when you cough or sneeze, avoiding close contact with others, such as touching

**Diagnosis**

If you become unwell and think you may have symptoms of coronavirus, DO NOT come to work and seek medical attention.

Call ahead of time to book an appointment. Tell your doctor about your symptoms, travel history and any recent close contact with someone who has coronavirus.

If you must leave home to see your doctor, wear a surgical mask (if you have one) to protect others.

**Treatment**

There is no treatment for coronavirus, but medical care can treat most of the symptoms. Antibiotics do not work on viruses.

If you have been diagnosed with coronavirus, isolate yourself in your home.

Source: Health.gov.au